

Order of the Health Officer to Require Members of the Public to

Wear Facial Coverings

In effect beginning, Friday, April 24 until changed or lifted.

When should I wear facial coverings?

- Before entering any building
- Before entering any enclosed open space
- Outdoors when six feet of distance from other people can't be maintained at all times.

Who is exempt from wearing facial coverings?

- Children under age 2
- People who have trouble breathing
- Anyone who cannot remove the facial covering without help from someone else.

Why is this order in place?

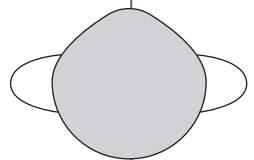
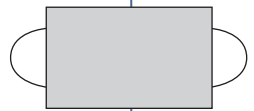
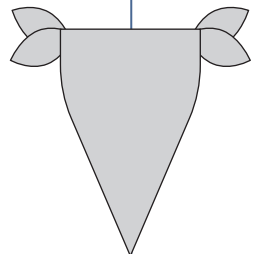
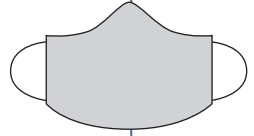
- Facial coverings are meant to protect the public from the user in case the user is infected and not yet displaying symptoms
- Facial coverings may reduce the risk of transmission of this virus by limiting the spread of these droplets from the wearer to other people
- Facial coverings are not a substitute for social distancing.

Questions?

Contact the Humboldt County Joint Information Center by emailing covidinfo@co.humboldt.ca.us or calling 707-441-5000. Spanish speakers are available Monday through Friday from 8 a.m. to 7 p.m. and Saturday from 10 a.m. to 5 p.m.



Humboldt County Joint Information Center



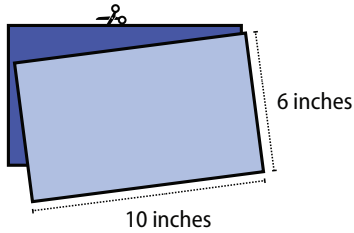
Mask making ideas

Sewn Cloth Face Covering

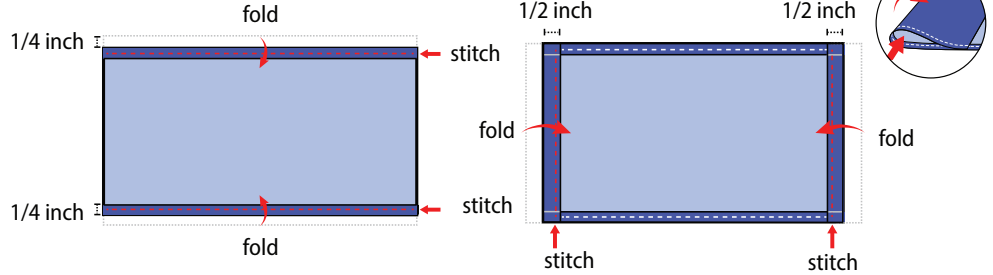
Materials:

Two 10"x6" rectangles of cotton fabric, Two 6" pieces of elastic (or rubber bands, string, cloth strips, or hair ties), Needle and thread (or bobby pin), Scissors, Sewing machine.

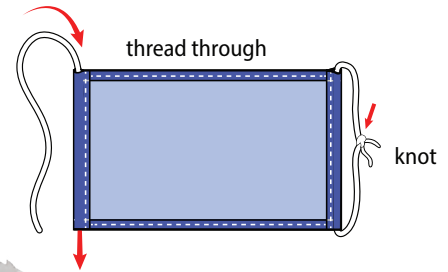
1. Cut out two 10-by-6-inch rectangles of cotton fabric. Use tightly woven cotton, such as quilting fabric or cotton sheets. T-shirt fabric will work in a pinch. Stack the two rectangles; you will sew the cloth face covering as if it was a single piece of fabric.



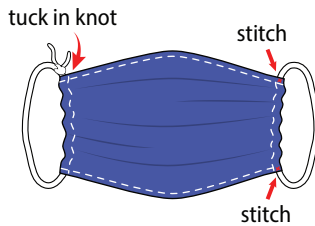
2. Fold over the long sides 1/4 inch and hem. Then fold the double layer of fabric over 1/2 inch along the short sides and stitch down.



3. Run a 6-inch length of 1/8-inch wide elastic through the wider hem on each side of the cloth face covering. These will be the ear loops. Use a large needle or a bobby pin to thread it through. Tie the ends tight. Don't have elastic? Use hair ties or elastic head bands. If you only have string, you can make the ties longer and tie the cloth face covering behind your head.

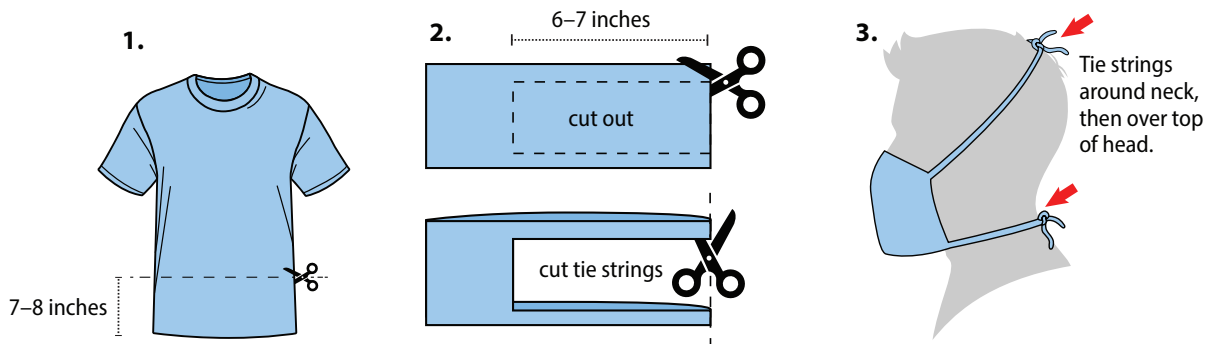


4. Gently pull on the elastic so that the knots are tucked inside the hem. Gather the sides of the cloth face covering on the elastic and adjust so the mask fits your face. Then securely stitch the elastic in place to keep it from slipping.



Quick Cut T-shirt Cloth Face Covering (no sew method)

Materials:
T-shirt, scissors



Bandana Cloth Face Covering (no sew method)

Materials:

Bandana (or square cotton cloth approximately 20"x20"), Rubber bands (or hair ties), Scissors (if you are cutting your own cloth).

