

Resources

St. Vincent De Paul Monday - Friday and Third & Fourth Saturday 11 a.m. to 1 p.m.,

35 Third St., Eureka. Free Meals.

Salvation Army Monday-Friday 9 a.m. to noon, 2123 Tydd St., Eureka. Food Bags.

Betty Chinn Day Center Monday- Friday 8 a.m. to 4 p.m., 133 Seventh St., Eureka. 707-407-3833.

Food Not Bombs Sundays, 4 p.m., Arcata Plaza and Mondays, 4 p.m. Bayshore Mall, north side.

Food for People 10 a.m. to 4 p.m. (closed 12:30 to 1:30 p.m.), 307 W. 14th St., Eureka.

Call 707-407-0447 for an appointment.

Free Produce Stand at Jefferson Community Project, Saturdays, 10 a.m., 1000 B St., Eureka.

Farmers' Market Saturdays 9 a.m. to 2 p.m. at Arcata Plaza, CalFresh accepted.

Transitional Housing Youth Services Bureau 707-444-2273.

2-1-1 Every day, 24 hours a day, comprehensive list of resources available.

Raven Project Tuesday-Thursday 2 to 6 p.m. 523 T St., Eureka, 707-443-7099.

CalFresh apply at benefitscal.com, humboldt.gov.org/calfresh or call 1-877-410-8809.

TAY webpage humboldt.gov.org/TAY.

The DHHS Employment Resource Center offers daily workshops to help community members work towards employment, self-sufficiency and reaching their goals. Workshops include Acing the Interview, Resumes, Discovering your Skills, Goal Setting, Mindfulness and more! Everyone is welcome! Call or email the Employment Resource Center to sign up: 707-441-4600 or ETD-Clerical@co.humboldt.ca.us.

TAY Vocational Counselor

TAY has a Vocational Counselor who is available to meet with you one-on-one. Services may include educational support, job search guidance, resume building and interview practice. **Employment Training Division Vocational Counselor Amanda Huynh: 707-298-9961.**

Humboldt County Transition-Age Youth Collaboration (HCTAYC)

HCTAYC seeks to improve services youth receive as they transition to adulthood. HCTAYC believes that because young people are experts in the systems that impact them, this expertise is vital in system transformation. HCTAYC helps build skills in the areas of youth development, policy change, youth advocacy, community engagement and wellness. HCTAYC provides training related to engaging youth and developing youth-informed approaches. Check the TAY calendar for workshops dates. RSVP to staff@hctacy.org. HCTAYC is currently full but are still accepting applications. Please check out the HCTAYC page on Facebook at facebook.com/hctayc.

Free Services

Betty's Showers Tuesdays, Thursdays and Saturdays from 8 to 11 a.m.

35 W. Third St., Eureka. 707-407-3833.

Free Cell Phones and cell phone plans. 1-888-898-4888 SAFELINK Program 707-502-1462.

Independent Living Skills Program

The ILS Program is a voluntary program designed to assist youth in transitioning from the foster care system into adulthood. Youth who have been in foster care after their 16th birthday are eligible for ILS services until the day before their 21st birthday. Youth are referred to the program by their Social Worker or Probation Officer. Humboldt County's ILS Program offers three types of services: **workshops, special events and individual services.** To encourage participation, the ILS Program provides incentives for participating in workshops. For more information about Humboldt County's ILS Program, email ILS at

CWSILS@co.humboldt.ca.us

**Newsletter
April 2026**



TAY
**TRANSITION-
AGE YOUTH**
DIVISION

707-476-4944
433 M St. Eureka





April Events:

Alternatives to Suicide Support

Groups: Mondays from 6 to 7:30 p.m.

Zoom link: tinyurl.com/2p9eawua

Meeting ID: 934 6434 6718

HCTAYC YAB Committee Meetings:

Second and third Wednesdays of the month 4 to 5:30 p.m. Grove meetings are the first Wednesday of the month from 4 to 6 p.m. For more information, email staff@hctayc.org.

April 22

Focus Group at TAY

2:30 to 4:30 p.m.

April 24

Cooking Class Workshop

1 to 3 p.m. at REY Center
510 Third Street, Eureka

April 29 and 30

TIP Training

9:45 a.m. to 4 p.m.

TAY is open for services on Mondays, Wednesdays and Fridays from 8:30 to 10 a.m. and 1 to 4 p.m. Stop in and access the computers, clothing closet or get connected to CalFresh and enjoy something to eat. Although the masking mandate has been lifted, TAY staff still encourage you to wear a mask and can provide you one if requested. We do ask that you wash your hands or use hand sanitizer upon entering the TAY Center. Please contact the TAY Center staff you work with individually to set up appointments as needed. Not all staff members will be available during drop-in hours.

Looking for Employment:

The McKinleyville Family Resource Center Workforce Development Program runs a Workforce Development program for Young Adults! We provide folks ages 16 to 24 with 12-week paid work experience placements in local businesses and organizations, transportation assistance, work clothes purchases, service navigation, gathering workforce documents and more. Contact Cass via phone or text at 707-630-2922 or email ccrawford@mckfrc.org.

Youth Ability works with local Humboldt County youth, ages 16 to 26, who need support to reach employability and independence. We believe everybody needs somebody on their team. Transitioning to employment and independence can be a real challenge when a young person has not received the support and guidance they deserve. Interested in a paid work training experience, find out more by calling 707-822-5019, visiting YouthAbility.org or emailing info@youthability.org.

The Humboldt Workforce Coalition located at The Job Market serves young people ages 16 to 24, particularly young people who identify as low income, homeless, disabled or who have justice-involved experience. We assist with vocational counseling, job search assistance, paid internships, paid training/classes, financial assistance for training and work related costs and many other services. For more information and to check your eligibility, call 707-441-5627 or email HWC@humboldt.edu.

Are You Houseless or Couchsurfing?

TAY offers support and resources for houseless young people ages 16 to 26. Get connected to a peer coach, get help with community referrals, gather some emergency supplies or sign up for CalFresh. Join our Youth Advocacy Board or check out other TAY programs you might be eligible for including Behavioral Health services or Independent Living Skills program. For more information, please call the TAY Center at 707-476-4944 or come in during drop-in hours.

The Adolescent Treatment Program (ATP) offers services for people ages 12 to 18 who are concerned about their substance use and looking to make healthy changes. We provide transportation, links to resources, case management, nutritious snacks and gift cards to support positive efforts. We see people in the office, at home or in the field. We enjoy taking clients on fun adventures to the beach, zoo, skatepark, local trails, etc. Individuals who want to talk with us about services or set up an appointment do not need a parent/ guardian's permission, although having a supportive adult available is encouraged. Clients must be Medi-Cal eligible. Please email or call Supervisor Shari Morley LMFT at smorley@co.humboldt.ca.us or 707-601-7620. You can also email ATP@co.humboldt.ca.us or leave a voicemail at 707-441-3773.

California Youth Connection (CYC) CYC is a youth-led organization that develops youth leaders who empower each other and their communities to transform the foster care system through legislative and policy change. It is open to current and former foster youth ages 14 to 24. If you are interested in applying for the CYC, contact Keishanne by phone 707-834-1178 or email keishanne@calyouthconn.org.

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