

HEALTH ALERT

CDPH has confirmed that a Humboldt County Resident is currently hospitalized due to amatoxin poisoning. It is believed that this person received the mushrooms on 3/13/2026 from a friend who foraged them locally and may have shared the mushrooms with others. Please question anyone presenting with GI symptoms about recent consumption of foraged mushrooms and contact Poison Control and the Public Health at 707- 268-2182 if you suspect amatoxin poisoning.

What to do if you suspect amatoxin poisoning:

- Immediately call the [California Poison Control Hotline](https://www.cdph.ca/Programs/CID/DCDC/Pages/Immunization/OPH/2015-2018/2015-2018-0001.aspx) at [1-800-222-1222](https://www.cdph.ca/Programs/CID/DCDC/Pages/Immunization/OPH/2015-2018/2015-2018-0001.aspx). The hotline can provide guidance to medical providers to help ensure proper care. The hotline is FREE and operates 24 hours a day, 7 days a week, in over 200 languages.
- People are being advised to take any remaining mushrooms or any pictures of the mushrooms with them when they seek medical care. Please preserve this information and get specific information about how and where the individual obtained the mushrooms and anyone else who may have ingested them.

Symptoms of mushroom poisoning

- Symptoms may not appear until 6 to 24 hours after eating a poisonous mushroom.
- Mild symptoms (even mild nausea) can be the beginning of a more severe reaction. Sometimes early symptoms go away within a day BUT serious to fatal liver damage can still develop within 2 to 3 days.
- If someone is believed to have eaten a poisonous mushroom. Do not wait for symptoms to appear. Treatment is more difficult once symptoms start.

Common early symptoms include (but are not limited to):

- Stomach pain
- Cramping
- Diarrhea
- Nausea
- Vomiting
- Drop in blood pressure
- Fatigue
- Confusion

Mushroom poisoning can lead to serious complications, including:

- Liver damage (sometimes needing a liver transplant)
- Kidney damage
- Hallucinations and euphoria
- Seizures
- Death



The North American Mycological Association has additional information on [mushroom poisoning syndromes](#).

Candy Stockton, M.D., FASAM
Health Officer
Humboldt County DHHS Public Health
529 I St.
Eureka, CA. 95501

